

# 5 DAY CLEANSE DELIVERY & PICK-UP SCHEDULE

As our juices are raw and have a three day shelf life, 5 day cleanses will require two pick-ups or two deliveries. Refer to the table below for your cleanse schedule based on your start day.

5 DAY CLEANSE DELIVERY & PICK-UP SCHEDULE			
Start Day Delivery / Pick-up		Second Delivery / Pick-up	
Monday	Non Cleanse Start Day		
Tuesday	2	Thursday	3
Wednesday	Non Cleanse Start Dayw		
Thursday	2	Saturday	3
Friday	Non Cleanse Start Day		
Saturday	3	Tuesday	2
Sunday	2	Tuesday	3